



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Chicken Pasta Green Beans Fresh Fruit	2 Fish Sticks Veggie Chips Carrots Fresh Fruit	3
4	5 	6 Turkey & Cheese Tacos Refried Beans Fresh Fruit	7 Teriyaki Chicken Rice Vegetable Medley Fresh Fruit	8 Ground Turkey & Peppers Pasta Fresh Veggies Fresh Fruit	9 Ham & Cheese Rollup Veggie Chips Cucumber Salad Fresh Fruit	10
11	12 Spaghetti w/ Sauce Broccoli Normandy Fresh Fruit	13 Turkey Quesadilla Black Beans Fresh Fruit	14 Chicken Jambalaya Sweet Peas Fresh Fruit	15 Ham Roasted Potatoes Asparagus Fresh Fruit	16 Taqitos Pasta Salad Fresh Fruit	17
18	19 Sausage & Lentils Rice Fresh Fruit	20 Spanish Rice w/ Turkey Corn Fresh Fruit	21 Chicken Tenders Green Beans Fresh Fruit	22 Shepard's Pie Sweet Peas Fresh Fruit	23 	24
25 	26 Mac & Cheese Broccoli Fresh Fruit	27 Turkey Tacos Pinto Beans Rice Fresh Fruit	28 Meatballs Buttered Noodles Vegetable Medley Fresh Fruit	29 Chicken & Rice Broccoli & Cauliflower Fresh Fruit	30 Hot Dogs Tots Carrots Fresh Fruit	